

TAKE IT DEEPER: Reflecting on Humility

Exploring our humility takes some honest reflection.

Take a moment to consider the following questions. Write as much detail as you can

recall, including how you felt, what your experiences have helped you to realize, and any challenges you have experienced-or are still navigating.
1. Describe an experience when you had to admit you were wrong.
2. How do you respond when a student challenges your ideas or methods?
3. In what ways do you actively seek feedback from your students, peers, or leadership?
4. Reflect on a time when you learned from a student or colleague. What did that
experience teach you about humility?
5. How have I grown from constructive feedback?
Humility takes active reflection and vulnerability - to be OK not having all the answers and genuinely open to the ideas of others. How are you feeling after these reflections? Consider revisiting these questions from time to time - to see how your openness and
humility might be shifting throughout the school year.