

Module 8.10

Forgiveness for Students



TAKE IT DEEPER:

The Art of Forgiveness

Invite your students to think through a forgiveness scenario by drawing and writing about a real situation they experienced or an imaginary situation between two friends.

Steps:

1. Draw a time friends were upset.

Write or draw about a time when you were upset with a friend. Or draw a picture of two imaginary friends who are upset with each other. Maybe one friend has hurt the other - either intentionally or by accident. Show how they might feel.

2. What Happened?

Draw pictures or write some words to explain what happened.

3. How Did It Feel?

Write a few words about how the friends felt during this conflict or hurtful situation.

4. Saying Sorry

Now draw the person who did the hurting, saying sorry and apologizing. How do they look? What are they saying?

5. Write or Draw About Forgiveness.

Write or draw a picture about how you can show forgiveness to someone who has hurt you. (For example, sharing a toy, inviting them to play again or participate in a group project, saying "It's okay," or hugging.)

