What Kind of Happy Are You?
Activity #3: Matching Positive Emotions to Self
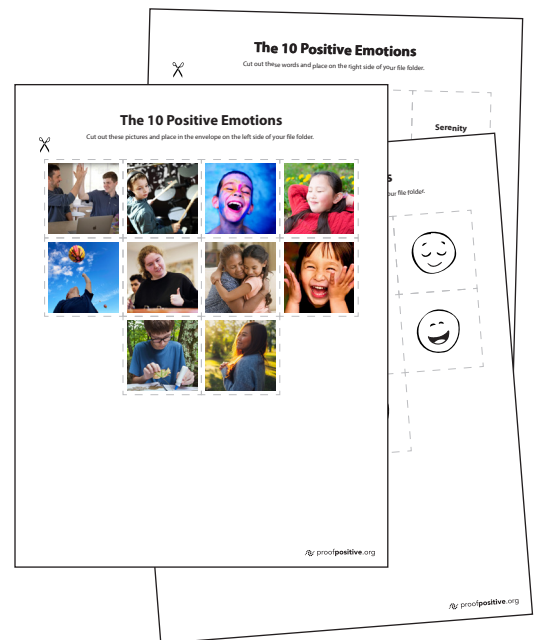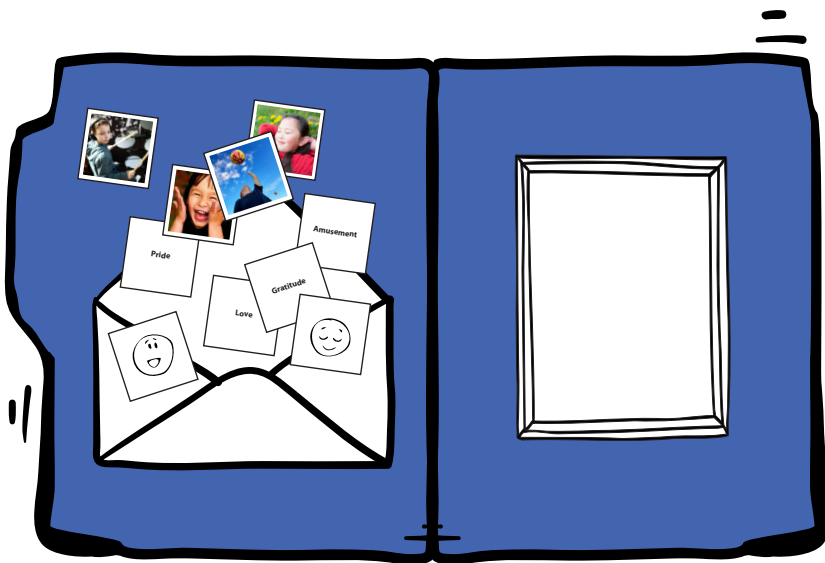
Overview

Are you looking for ways to incorporate happiness and social-emotional learning into your classroom? This file folder activity is great for students working on word or picture identification, and will allow them to identify the 10 positive emotions by matching one they're feeling in the moment to their own picture.

Contents

- Frame to cut out and paste onto the right side of the folder
- Option 1: Two versions of printable **IMAGES** that represent the 10 positive emotions for students to select from
- Option 2: One sheet of printable **WORDS** that represent the 10 positive emotions for students to select from

Prep Instructions

- Depending on student need, print option 1 (positive emotion images) or 2 (positive emotion words)
- On the left side of your file folder, fill an envelope with the image or word options to select from
- On the right side of your folder, paste down the frame for your student to paste an image of themselves

Optional

Pre-print out the students yearbook photo to paste into the frame on the right side of the folder
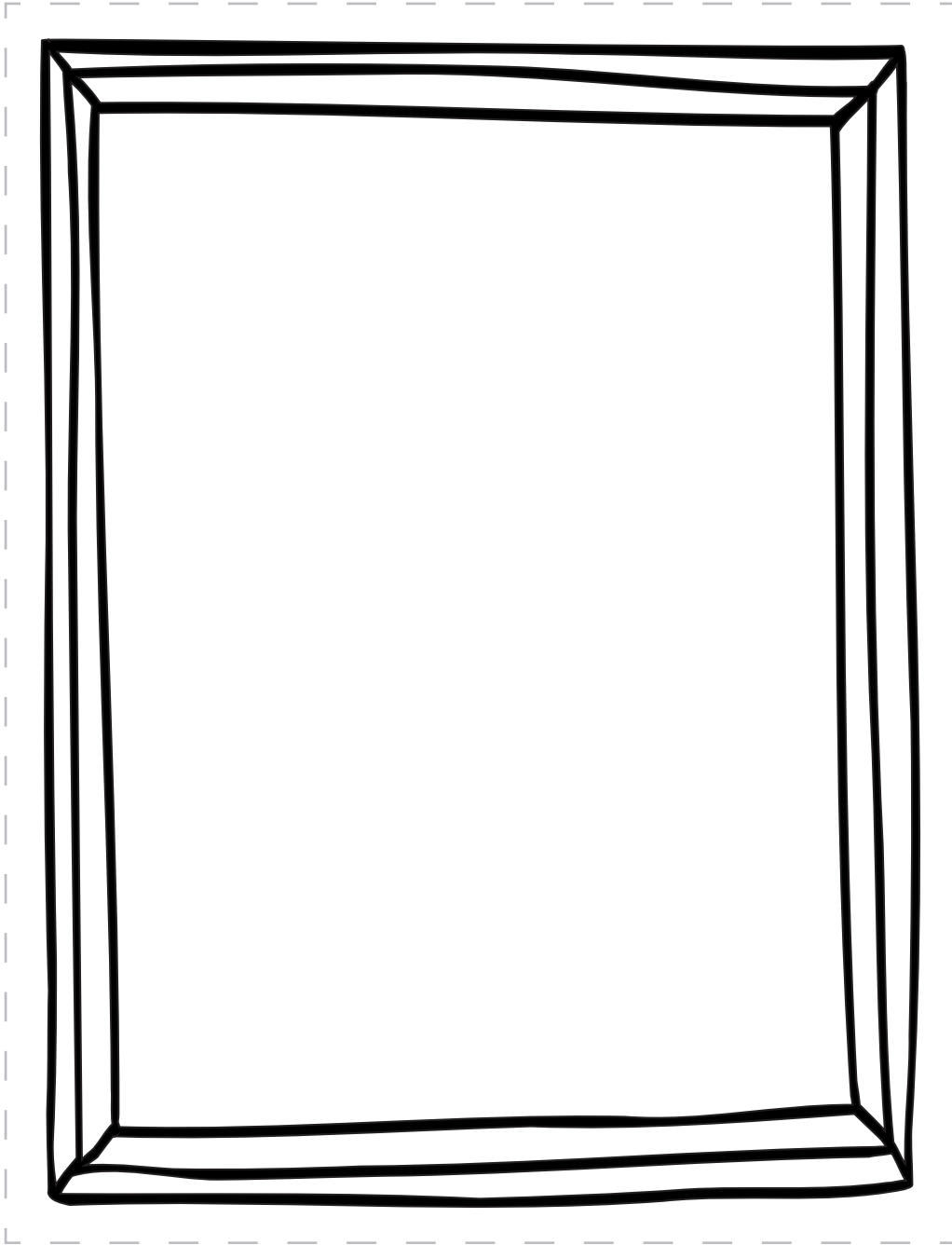
Suggestions for Use

Instruct students to match each of the 10 positive emotions words! This activity can be utilized for independent work systems, file folders, work baskets, morning work, generalization of concepts, and even direct instruction, discrete trials and more!

Matching Positive Emotions to Self

Cut out this picture frame and paste to the right side of the folder.

Students will paste a picture of themselves in the frame.
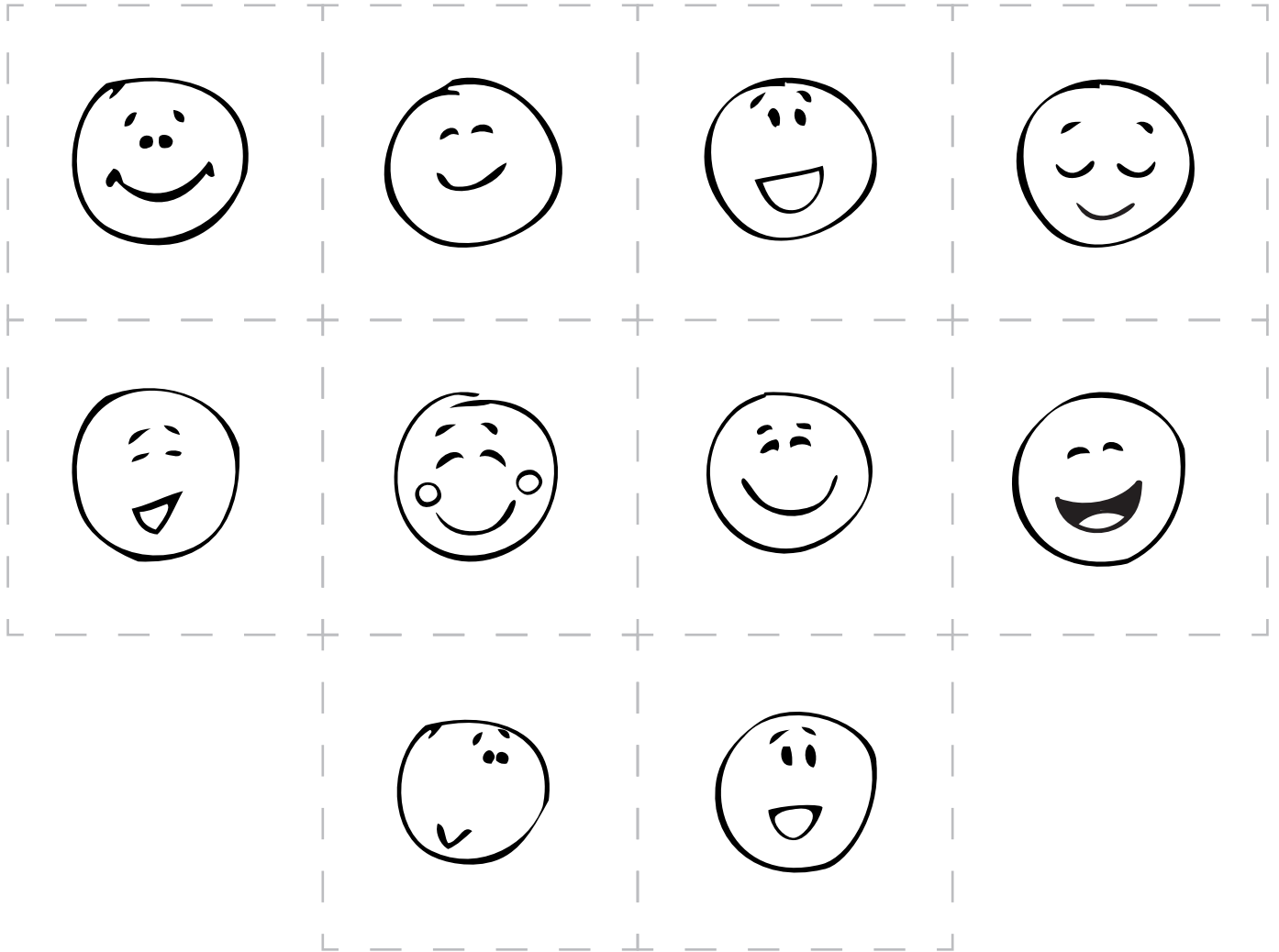
The 10 Positive Emotions

Cut out these pictures and place in the envelope on the left side of your file folder.

The 10 Positive Emotions

Cut out these emojis and place in the envelope on the left side of your file folder.

The 10 Positive Emotions

Cut out these words and place in the envelope on the left side of your file folder.

Pride	Gratitude	Awe	Serenity
Amusement	Love	Hope	Joy
	Interest	Inspiration	