



**TAKE IT DEEPER:**  
**Purpose Map Activity**

This practice will walk you through mapping out two dreams for yourself and two for the world in a visual way to show how they are connected.

Following the prompts by each circle, write just a few sentences on the left-hand side about dreams for yourself— reflecting backwards and looking forward. Write a few sentences on the right-hand side about dreams you have for the world and how you can contribute to those dreams.

We suggest not dwelling for too long on your responses— try to write all four in 5–10 minutes.

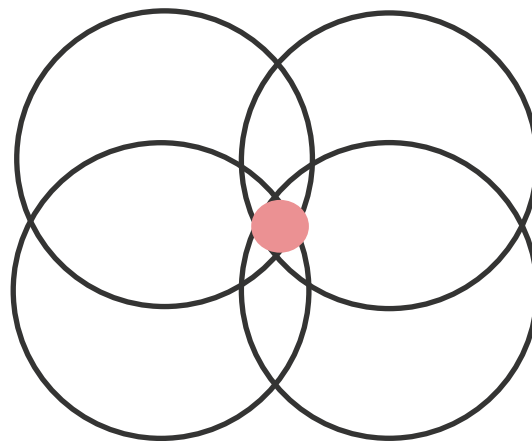
After you have written a sentence or two in response to each prompt, step back and consider: What is at the center of your Purpose Map— what do all four of your Dream responses have in common? Write that at the bottom of your map sheet. If the answer isn't immediately obvious to you, that's OK. Take some time to think about it and even return to it later. You can revisit this practice as many times as it is helpful to you!

**DREAM FOR SELF**

**Dream Backwards:**  
How have you most enjoyed spending your time?

**Dream Forward:** What does your life look like in 50 years? Who are you with? What is your purpose?

**PURPOSE MAP**



**DREAM FOR THE WORLD**

**Dream for the World:**  
What would you wish to see changed or created in the world?

**Dare to Offer:** What are your unique gifts? What are ways in which you can serve people and the planet around you?

**What is at the center of all your dreams?**