

MOD 5.5 Mental Health Crisis Intervention: Steps and Strategies



TAKE IT DEEPER: Brainstorming A Network of Supports for Students in Crisis

How could your school or organization support students in developing a personal well-being plan that includes the following: 1) personal warning signs of stress or anxiety and 2) strategies, assets, resources, and/or relationships they can draw on to navigating challenges?

What local organizations or institutions could partnerships be built with and among to increase the number of relationships and resources students can turn to in crisis? Are current partnerships with local resources meeting your student and community needs? If not, how could those partnerships be bolstered?

Are families and community stakeholders being intentionally leveraged as mental health resources? Is there listening or education that needs to happen to enhance family and community engagement around this topic?

Are students being leveraged and engaged to form a peer network to provide support to other struggling students where appropriate? How are students already leading in this way and how can educators support their efforts?