

## MOD 4.2 Engaging in Meaningful Conversations about Race and Equity

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### TAKE IT DEEPER: Potential Hidden Bias

Stereotypes, prejudices, and biases inevitably influence the way we approach our students and colleagues. Let's explore our own stereotypes, prejudices, and biases.

Use the short article from Learning for Justice to learn a little more about stereotypes, prejudices, biases, and discrimination, and how they all relate. More importantly, increase your own self-awareness by testing yourself for potential hidden biases. Psychologists at Harvard, the University of Virginia, and the University of Washington collaboratively researched and developed a series of Hidden Bias Tests—called Implicit Association Tests. Although this tool may not be 100% valid and reliable, it may spark further thought and self-exploration

Follow this link to read the article and complete the test: [Test Yourself for Hidden Bias](#) from Learning for Justice.

What did you learn about yourself as a result of taking the test?

Without sharing your results, what did you learn about stereotypes, prejudices, biases, and discrimination?

How did it feel to take the test and see your results?

After taking this test, what are you left wondering about how you approach and discuss race and equity?