

MOD 3.3 Planning for Social-Emotional-Academic Development



TAKE IT DEEPER: Planning a SEAD Lesson

Before planning an integrated social, emotional, and academic lesson, review [some examples from CASEL](#). Note the academic focus and related SEL focus.

Start with students in mind. Using the [SEL Core Competencies and Elements Chart](#), think about one class or group of students:
What are some of your students' SEL strengths?
What are some areas for growth?

With your students in mind, use the [SEAD Planning Guide](#) to plan an upcoming lesson that integrates social, emotional, and academic instruction.

Try out your lesson and reflect afterwards:

What did I notice about my students' social and emotional skills? What are their strengths? What are some areas for growth?

How might I follow up this lesson to reinforce and continue developing my students' social and emotional competencies?