

## MOD 2.2 Knowing Ourselves First: Surfacing Our Beliefs About Social and Emotional Well-Being & Belonging in Schools

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### TAKE IT DEEPER:

#### Iceberg Questions: Reflecting on Culture

##### SURFACE CULTURE QUESTIONS:

- How do you greet a friend? family member? supervisor? student? stranger?
- How do you think teachers should respond to a student who is disrupting the class?

##### SHALLOW CULTURE QUESTIONS:

- How are challenging emotions handled? For example, are emotions suppressed, expressed, or ignored?
- When is it appropriate to touch another person?

##### DEEP CULTURE QUESTIONS:

- How do you define success? Is success defined more as achievement, heroism, assertiveness, and material rewards? Or is success defined more as a preference for cooperation, modesty, caring for the weak, and quality of life? Or something else?
- Within a family, are a member's individual rights and goals more important than the individual's duty to the family and its goals?
- What are some of your beliefs about social and emotional interactions?

"A nation's culture resides in the hearts and  
in the soul of its people.." — Mahatma Ghandi

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