

Strength (Park & Peterson, 2009)	Characteristics, passions (Park & Peterson, 2009)	Application Ideas/Contexts
Wisdom	creativity, love of learning, curiosity, judgment, perspective	teaching, research, design, architecture, risk analysis
Courage	bravery, honesty, perseverance, zest	public speaking, teaching, construction activities, training, firefighting volunteer
Humanity	kindness, love, social intelligence	empathetic listening, healthcare volunteer, non-profit volunteer
Justice	fairness, leadership, teamwork	social activism, social work, project management, conflict mediation, law, politics
Transcendence	appreciation of beauty & excellence, gratitude, hope, humor, spirituality	spiritual involvement & leadership, community involvement & activism, art, collections, social work, comedy, music
Temperance	forgiveness, humility, prudence, self-regulation	anger management support, teaching, empathetic listening