

Section 3. Scoring, Reflection, and Action Planning

1. In the box below, indicate the score you received for each of the 10 instructional practices. In order to create a final score for each practice, take the average of the scores under each practice.

Instructional Practice	Your Score/Total Possible Points	Average Score
1. Student-Centered Discipline	_____/35	
2. Teacher Language	_____/15	
3. Responsibility and Choice	_____/25	
4. Warmth and Support	_____/35	
5. Cooperative Learning	_____/35	
6. Classroom Discussions	_____/25	
7. Self-Reflection and Self-Assessment	_____/40	
8. Balanced Instruction	_____/30	
9. Academic Press and Expectations	_____/25	
10. Competence Building	_____/40	

2. Reflect on your scores.

1. On which SEL practices did you score the highest? Why?	
2. On which SEL practice did you score the lowest? Why?	
3. What evidence do you have to support the self-rating you selected for your highest SEL practice? Your lowest SEL practice?	
4. How do these behaviors and practices look in your classroom?	
5. How do you think your students would rate you?	
6. How does your school culture affect your self-rating?	
7. What professional learning experiences could facilitate improvement in your lowest SEL practices?	
8. What can you do to ensure that you are implementing these practices fully?	

3. In the box below, indicate the score you received for each of the teacher social and emotional competencies. To create a final score, take the average of each competency for each set of teaching practices.

Social and Emotional Competency	Your Score/Total Possible Points	Average Score
1. Self-Awareness	_____/40	
2. Self-Management/Emotion Regulation	_____/32	
3. Social Awareness	_____/32	
4. Relationship Skills	_____/32	
5. Responsible Decision Making	_____/32	

4. Reflect on your scores.

1. On which social and emotional competency did you score the highest?	
2. On which social and emotional competency did you score the lowest?	
3. What evidence do you have to support the self-rating you selected? What skills do you possess that support the self-rating you received?	
4. What professional learning experiences could facilitate improvement in areas in which you scored lowest?	