



# Greater Good in Education

SCIENCE-BASED PRACTICES FOR KINDER, HAPPIER SCHOOLS

## PROSOCIAL BEHAVIOR LOG

Please use the space below to describe what you plan to do to help others (be as specific as possible), what you actually did, how you felt when you did that, and how you think it impacted the other person/people.

Remember, you are likely to get the most out of this if you push yourself to go beyond your normal routine.

	Planned Actions	Actual Actions Taken	Your Reaction	Impact on Others
Day 1				
Day 2				

	<b>Planned Actions</b>	<b>Actual Actions Taken</b>	<b>Your Reaction</b>	<b>Impact on Others</b>
<b>Day 3</b>				
<b>Day 4</b>				
<b>Day 5</b>				

	<b>Planned Actions</b>	<b>Actual Actions Taken</b>	<b>Your Reaction</b>	<b>Impact on Others</b>
<b>Day 6</b>				
<b>Day 7</b>				
<b>Day 8</b>				

	<b>Planned Actions</b>	<b>Actual Actions Taken</b>	<b>Your Reaction</b>	<b>Impact on Others</b>
<b>Day 9</b>				
<b>Day 10</b>				