



HOW TO PRACTICE “GOOD SENSE”

This detailed guide helps to reflect on the quality of our thinking about how to exercise “good sense” when encountering situations that call for a moral response.

STEP 1: DELIBERATE

- How have your past experiences helped you to think about this situation?
- How can you apply the “lessons of life” to this situation?
- What kind of person do you hope to be or become in this situation?

STEP 2: EVALUATE

- What are the morally relevant features of the situation and how have you weighted them?
- To whom have you looked for advice, and/or inspiration, and why?
- What might the implications of your decision be, both positively and negatively?
How will my actions serve my personal good? How will my actions serve the greater good? How will my actions serve any other good, e.g., the good of my friends, my family, my school, my classmates, my team?

STEP 3: DECISION/ACTION

- How will you give expression to the kind of person you hope to become in this situation?
- What will you do? Where do I need to act with caution and/or unhindered?