



Greater Good in Education
SCIENCE-BASED PRACTICES FOR KINDER, HAPPIER SCHOOLS

DISCOVERING YOUR STRENGTHS AND TALENTS EMAIL TEMPLATE

Hello _____,

I'm participating in a project designed to help me figure out what I want to accomplish in my life. As a part of this project I am looking for feedback from people who know me well and whose opinion I value.

Will you please read the questions below and email your responses to me right away so you don't forget? No need to spend lots of time on this, just tell me the first thing that comes to mind as you read each question. I don't need you to take more than 5 minutes completing the questions.

1. What do you think are my strengths and talents?
2. How do you think I can use my talents in a meaningful way?
3. How do you see me contributing to the world in the future?
4. What advice would you give to help me achieve these goals?

Thanks for your help. I really appreciate your time and input.

Best,
