



Greater Good in Education
SCIENCE-BASED PRACTICES FOR KINDER, HAPPIER SCHOOLS

BEST POSSIBLE SELF

INSTRUCTIONS

In this activity, be as creative as you can be in answering the questions below. You can use any kind of writing style you want. Don't worry about spelling or grammar, but focus on being as descriptive and detailed as possible.

Take a moment to imagine your life at 40 years of age. Things have gone as well as you possibly could have hoped.

WHAT WILL YOU BE DOING? WHY?

WHO WILL BE IN YOUR LIFE? WHY?

WHAT WILL BE MOST IMPORTANT TO YOU? WHY?

WHAT WILL YOU BE DOING PROFESSIONALLY OR IN YOUR CAREER?

WHAT WILL YOU BE MOST PASSIONATE ABOUT?

WHAT MATTERS MOST IN THE LONG-TERM?

HOW COULD YOUR LONG-TERM GOALS AND PRIORITIES AFFECT OTHERS?